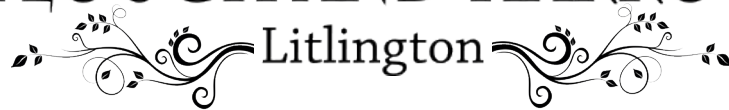


PLOUGH AND HARROW



V Vegetarian

Vv Vegan

GF Gluten Free

GFO Gluten Free Option

DF Dairy Free

STARTERS

- SOUP OF THE DAY **Vv** **GFO** £5.00
Served with a chunk of fresh Burts bakery bread
- SWEET BEETROOT AND GOATS CHEESE TARTLET **V** £7.00
With sundried tomatoes, fresh wild rocket and a balsamic glaze
- WHOLE BREADED WHITE BAIT £6.50
A side of salad, tartar sauce, lemon wedge
- CREAM CHEESE AND SMOKED MACKEREL PATE **GFO** £6.50
Small dressed salad and toast
- MIXED TOMATO AND ONION BRUSCHETTA **Vv** **GFO** £6.50
On a toasted sourdough and a balsamic glaze
- MUSSELS AND PRAWNS **GFO** £8.50
Wok fried in a garlic, chilli and coriander butter and served with brioche toast

TO SHARE

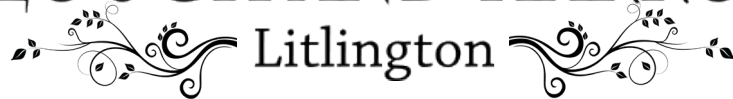
- WHOLE OVEN BAKED CAMEMBERT **V** **GFO** £13.00
Topped with pesto, served with lots of bread and homemade chutney
- VEGETARIAN BOARD **V** **GFO** £15.50
Artichokes, vine leaves, pesto, hummus, roasted peppers, sunblushed tomatoes, olives, leaves, rustic breads from Burts Bakery
- ANTI PASTO **GFO** £16.00
Parma ham, chorizo, salami, marinated olives, sundried tomatoes, balsamic oil, red pesto, rustic breads from Burts Bakery

MAINS

- CUTLETS OF SUSSEX LAMB **GF** £17.00
with Parmenter sweet potato, wilted spinach, braised red cabbage and topped with a rich red wine sauce
- SMOKED HADDOCK, SALMON, COD AND KING PRAWN FISHERMAN'S PIE **GF** £12.50
Topped with cheesy mash and a dressed side salad
- LOCAL VENISON SAUSAGES £13.50
Served on creamy rosemary and garlic mash and topped with red wine sauce
- FRESH OVEN-BAKED SEABASS **GF** £14.50
On crushed new potatoes, kale served in a creamy leek and parsley sauce
- 8OZ SIRLION STEAK **GFO** £17.00
With Portobello mushroom, grilled beef tomato half, chips, salad and a creamy peppercorn sauce
- BREADED WHOLE TAIL SCAMPI £11.50
Served with chips, tartar sauce, lemon wedge and dressed side salad
- CONFIT LEG OF DUCK £15.50
Dauphinoise potato, Puy lentils and topped with a rich port gravy
- CHILLI BEEF BURGER **GFO** £12.50
On a Burts seeded brioche bun, smothered in homemade sweet BBQ sauce, chips and a dressed side salad
- QUINOA AND WILD MUSHROOM STUFFED PORTOBELLO BURGER **Vv** **GFO** £11.50
On a Burts seeded brioche bun, plum and ginger chutney, topped with Hummus, served with chips and salad
- MUSHROOM AND TRUFFLE RISOTTO **GF** **Vv** - option available £13.50
Cooked in white wine and topped with grated parmesan and fresh wild rocket
- SWEET POTATO AND SPINACH PIE **Vv** £13.00
with Thai inspired coconut sauce, served with dressed olive and roasted pepper salad

PLEASE ASK YOUR SERVER FOR DETAILS OF TODAY'S DESSERTS
"IF YOU HAVE ANY ALLERGENS PLEASE INFORM A MEMBER OF STAFF"

PLOUGH AND HARROW



SUNDAY MENU

Vegetarian Vegan Gluten Free Gluten Free Option Dairy Free

STARTERS

SOUP OF THE DAY	£5.00
Served with a chunk of fresh Burts bakery bread	
SWEET BEETROOT AND GOATS CHEESE TARTLET	£7.00
On a bed of fresh wild rocket, with pesto, pine nuts and sundried tomatoes, with a balsamic glaze	
WHOLE BREADED WHITE BAIT	£6.50
A side of salad, tartar sauce, lemon wedge	
CREAM CHEESE AND SMOKED MACKEREL PATE	£6.50
Small dressed salad, farmhouse chutney and toast	
MIXED TOMATO AND ONION BRUSCHETTA	£6.50
On a toasted sourdough and a balsamic glaze	
MUSSELS AND PRAWNS	£8.50
Wok fried in a garlic, chilli and coriander butter and served with brioche toast	

TO SHARE

WHOLE OVEN BAKED CAMEMBERT	£13.00
Topped with pesto, served with lots of bread and homemade chutney	
VEGETARIAN BOARD	£15.50
Artichokes, vine leaves, pesto, hummus, roasted peppers, sunblushed tomatoes, olives, leaves, rustic breads from Burts Bakery	
ANTI PASTO	£16.00
Parma ham, chorizo, salami, marinated olives, sundried tomatoes, balsamic oil, red pesto, rustic breads from Burts Bakery	

SUNDAY ROASTS

Served with seasonal vegetables, goose fat roast potatoes and gravy. Topped off with a Yorkshire pudding. (Veggie Wellington served with new potatoes)

- TOPSIDE OF BEEF
- STUFFED PORK BELLY
- LEG OF SUSSEX LAMB

- ROASTED SWEET POTATO, SWEET PEPPER, FETA AND SPINACH WELLINGTON

£13.50
(per roast dinner)

MAINS

SMOKED HADDOCK, SALMON, COD AND KING PRAWN FISHERMAN'S PIE	£12.50
Topped with cheesy mash and a dressed side salad	
BREADED WHOLE TAIL SCAMPI	£11.50
Served with chips, tartar sauce, lemon wedge and dressed side salad	
CHILLI BEEF BURGER	£12.50
On a Burts seeded brioche bun, smothered in homemade sweet BBQ sauce, chips and a dressed side salad	
QUINOA AND WILD MUSHROOM STUFFED PORTOBELLO BURGER	£13.50
On a Burts seeded brioche bun, plum and ginger chutney, topped with Hummus, served with chips and salad	
MUSHROOM AND TRUFFLE RISOTTO (contains nuts)	£13.50
Cooked in white wine and topped with grated parmesan and fresh wild rocket	

PLEASE ASK YOUR SERVER FOR DETAILS OF TODAY'S DESSERTS

"IF YOU HAVE ANY ALLERGENS PLEASE INFORM A MEMBER OF STAFF"