

PLOUGH AND HARROW

Litlington

V Vegetarian **Vv** Vegan **VvO** Vegan Option **GF** Gluten Free **GFO** Gluten Free Option **DF** Dairy Free **DFO** Dairy Free Option

STARTERS

Soup of the Day, with Crusty Bread **£4.95** **V** **Vv** **GFO**

Moules Mariniere, Onion, Garlic, Cream and White Wine – with Crusty Bread **£7.50** **GFO**

Whole Breaded Whitebait with Side Salad and Tartar Sauce **£6.50**

Chicken Liver and Brandy Parfait, Rustic Toast, Chutney **£6.50** **GFO**

Classic Prawn Cocktail, Marie Rose Sauce and Brown Bread **£5.95** **DF** **GFO**

Beetroot, Goats Cheese and Pine Nut Salad with Balsamic Dressing **£6.50** **V**

Chicken Ceaser Salad with Parmesan, Croutons and Streaky Bacon **S: £6.50 | M: £10.95** **GFO** **DFO**

Garlic and Rosemary Baked Camembert for two with Rustic Toast and Chutney **£12.95** **V**

Meze board for two – Red Pepper Humous, Caponata, Sundried Tomatoes, Olives, Pita Bread **£9.50** **V** **Vv** **GFO**

SUNDAY ROAST

All served with Seasonal Vegetables, Roast Potatoes and Gravy. Topped off with a Yorkshire Pudding.

■ Topside of Beef **GFO**

■ Stuffed Pork Belly

■ Leg of Sussex Lamb **GFO**

■ Roasted Sweet Potato, Sweet Pepper, Feta and Spinach Wellington **V**

£13.50
(per roast dinner)

MAINS

Beachy Head Fisherman's Pie, topped with Creamy Mash and Cheddar Cheese, served with Side Salad or Garden Peas **£12.95**

Breaded Scampi served with Chips, Salad, Lemon Wedge and Tartar Sauce **£11.50**

Classic 8oz Beef Burger with Cheese and Bacon – Baby Gem Lettuce, Tomato and Red Onion served with Chips and Salad **£11.95** **GFO**

Gnocchi in a Tomato and Basil Sauce, topped with Baby Mozzarella **£10.50** **V**

Vegan Pulled Mushroom and Cashew Burger in Spelt and Honey Bap with Rich Barbeque Sauce, Baby Gem Lettuce, Tomato, Gherkin and Red Onion served with Chips and Salad **£11.50** **V** **VvO** **GFO**

LUNCH MENU

Sandwiches **£7.50** **GFO**

Available in white, brown or GF bread.
All served with Crisps and Side Salad

BLT

Sussex Ham and English Mustard

Cheddar and Pickle **V**

Served from 12pm - 3pm

Ploughmans **£9.50**

A choice of Cheddar, Brie, Stilton, Goats Cheese or Home Cooked Ham with Salad, Pickles, Chutney and Crusty Bread

Sides

Chips **£3.50**

Cheesy chips **£3.95**

Bowl of olives **£3.50**

Salad bowl **£3.25**

Crusty Bread with

Olive Oil and Balsamic **£3.50**